

Host a **HeartCorps Service member!**

HeartCorps is a new **Public Health AmeriCorps** service opportunity for people interested in driving health equity in rural America.

What is Public Health AmeriCorps?

AmeriCorps and the Centers for Disease Control and Prevention have joined forces to launch a domestic service opportunity intended to:



Provide pathways to good quality public health-related careers by providing exposure through onsite experience, training and more, with a focus on recruiting AmeriCorps members who reflect the communities in which they will serve.



Help meet public health needs of local communities by providing needed capacity and support in state and local public health settings and advancing more equitable health outcomes for communities who are currently or historically underserved.

What will HeartCorps Members do?

HeartCorps members will work in health centers, community organizations and public health departments in rural communities to help people improve and control their blood pressure and promote cardiovascular health. Their work may include:

- ✓ Supporting blood pressure self-monitoring initiatives
- ✓ Increasing adoption of evidence-based blood pressure measurement and management practices
- ✓ Facilitating blood pressure, tobacco and nutrition security screenings and referrals to care
- ✓ Connecting health centers with social platforms to facilitate ongoing screening and referral for social needs
- ✓ Establishing local support for patients/community members in navigating the care or resources they need
- ✓ Building community capacity to support healthy living and skill building including organizing, connecting and/or delivering community training and education opportunities
- ✓ Engaging local media in blood pressure and healthy living promotion
- ✓ Mobilizing the community to address contributing conditions such as nutrition security and tobacco
- ✓ Engaging youth in health promotion via cultivating and managing volunteer clubs in local schools or community organizations

Together, with the community, HeartCorps will improve blood pressure awareness and control, address unmet public health needs of rural communities and grow and diversify the public health and health care workforce.

Why become a HeartCorps Host Site?



Organizations seeking additional capacity to support their clients, patients, participants or community members in achieving better health and particularly better blood pressure control are invited to consider being a host site. HeartCorps members cannot supplant or replace staff roles, but they can expand the capacity of your organization and serve a need that would otherwise be unmet.

What are the responsibilities of the Host Site?

- ✓ **Identifying a supervisor** who will take primary responsibility for supporting the HeartCorps member throughout their service year
- ✓ **Ensuring HeartCorps members are trained** on anything site specific including initial on-site orientation
- ✓ **Electronically affirm member time reports**
- ✓ **Scheduling and documenting weekly check-in's** with HeartCorps member
- ✓ **Participating in monthly check-in's** with HeartCorps staff
- ✓ **Working with the member and HeartCorps staff** to develop and support implementation of a work plan which includes key activities and deliverables during the year of service
- ✓ **Attending all training opportunities and programs** that are required
- ✓ **Engaging in recruiting members** locally to fill slots and achieve reasonable recruitment and retention rates
- ✓ **Reporting on activities** of the service member and other data as required by the service agreement
- ✓ **Ensuring members can earn a minimum of 40 weekly hours** at the host site or its partners

Interested in Exploring the Opportunity to be a Host Site?

Learn more at www.heart.org/HeartCorps or contact us at HeartCorps@heart.org