

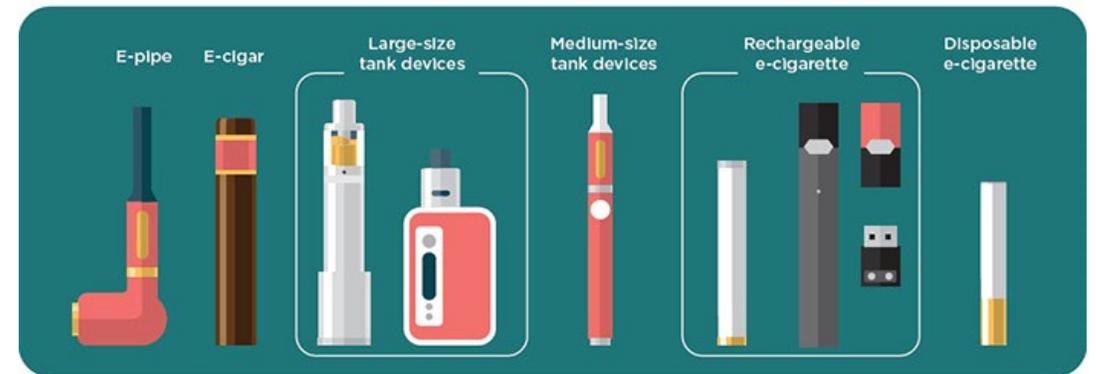
Snus, Orbs, Puff Bars, Juuls and More

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Workshop Objectives

- ❑ Latest trends in youth tobacco and vape products
- ❑ Learn the harms of tobacco products on youth
- ❑ Effective approaches for schools to use to help address youth tobacco use



Smoked Tobacco Products



Smokeless Tobacco Products



Vaping - Electronic Products



Juuls



Puff Bars



Suorin and Smok



(3ml)



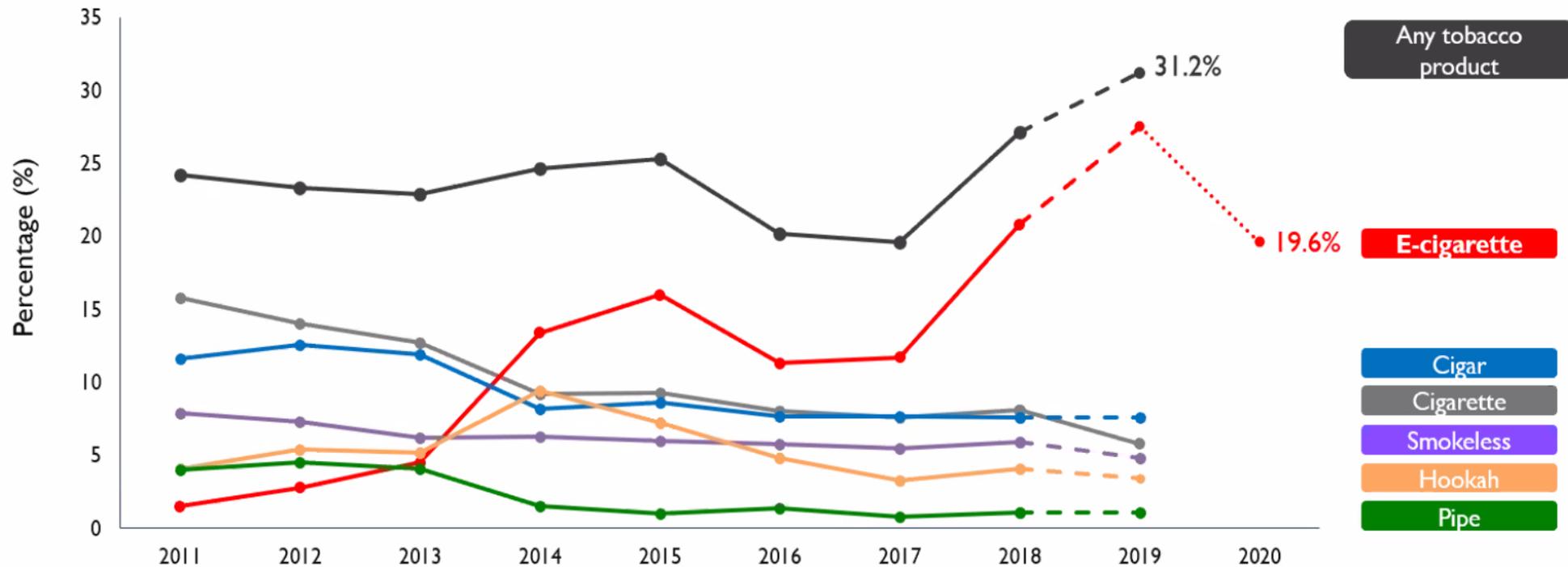
Electronic Cigarettes in a Pod



Heat Not Burn



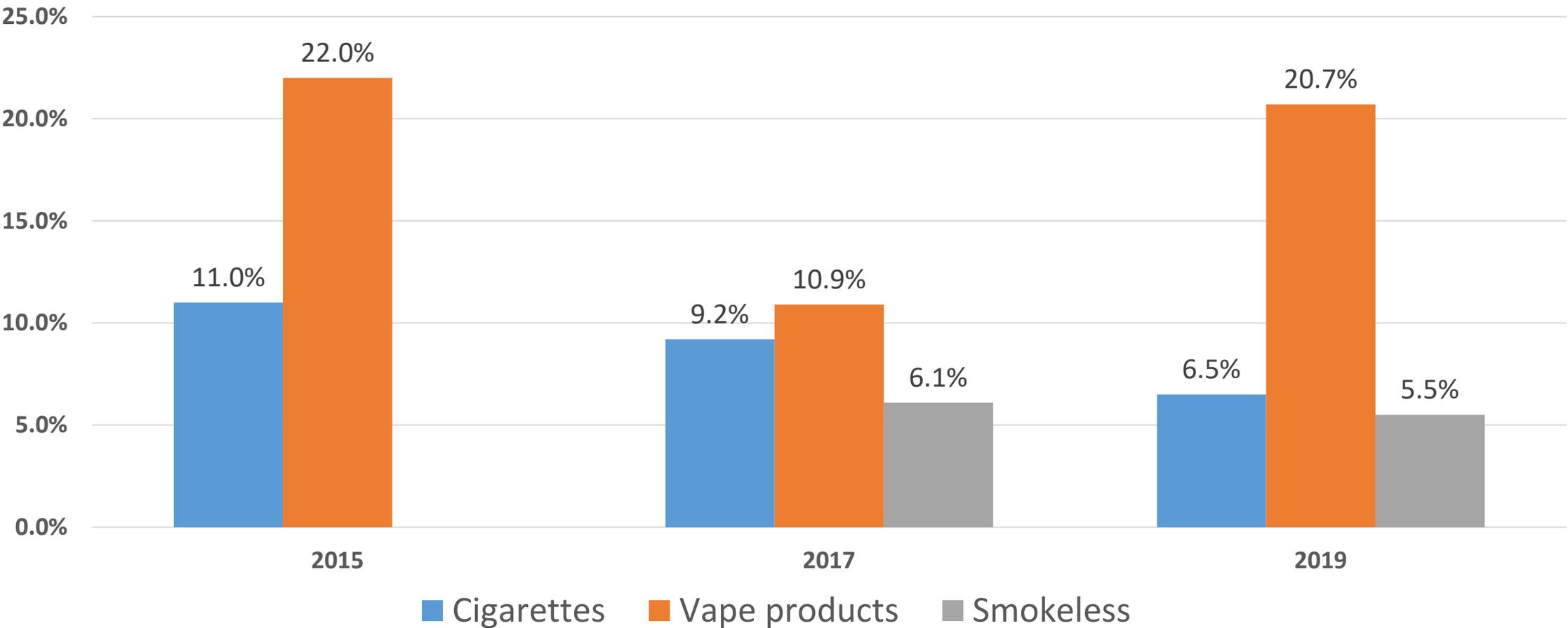
Current Tobacco Products Use Among Middle School-Students United States 2011-2020



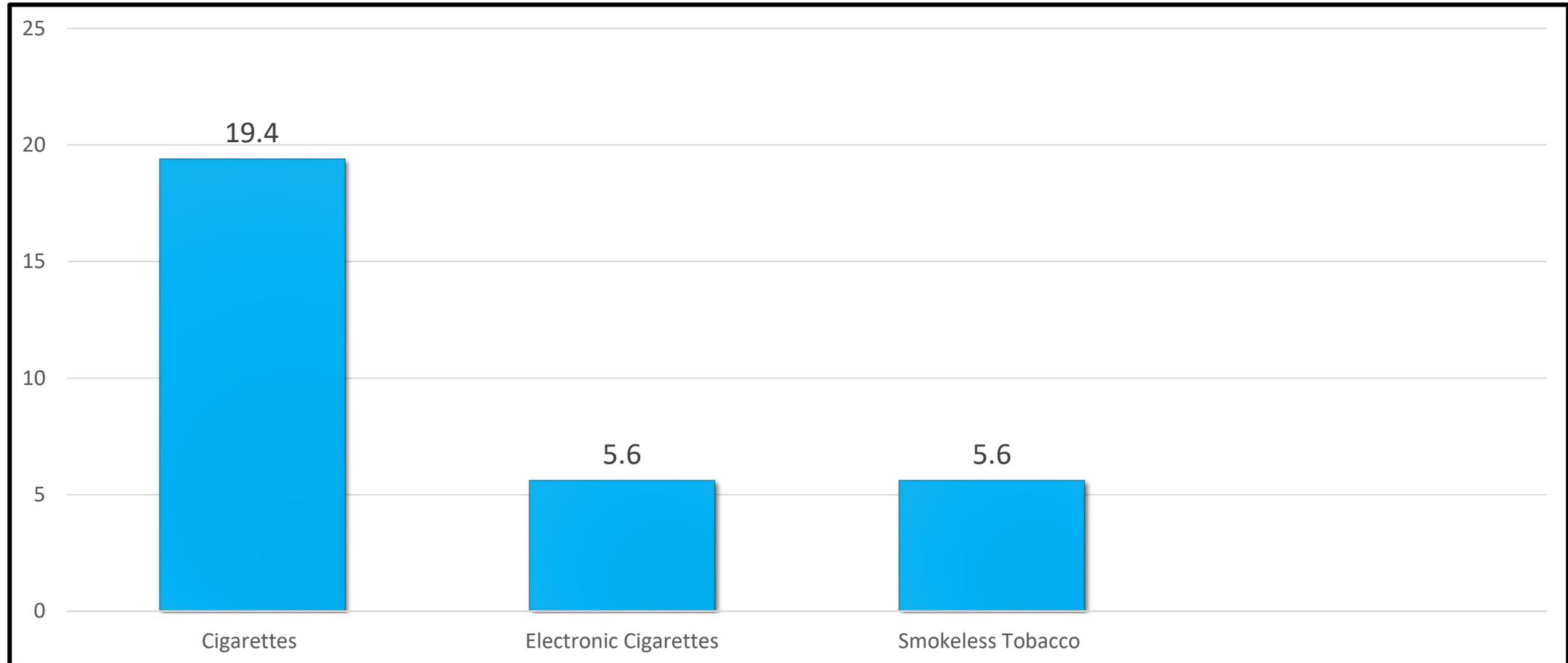
INTERAGENCY COMMITTEE ON SMOKING AND HEALTH

Note: Dashed lines represent change in the mode of survey administration. Dotted line indicates that 2020 survey fielding time was truncated (January 16 – March 16) due to COVID-19.
Source: National Youth Tobacco Survey.

Missouri High School Student Tobacco Trends

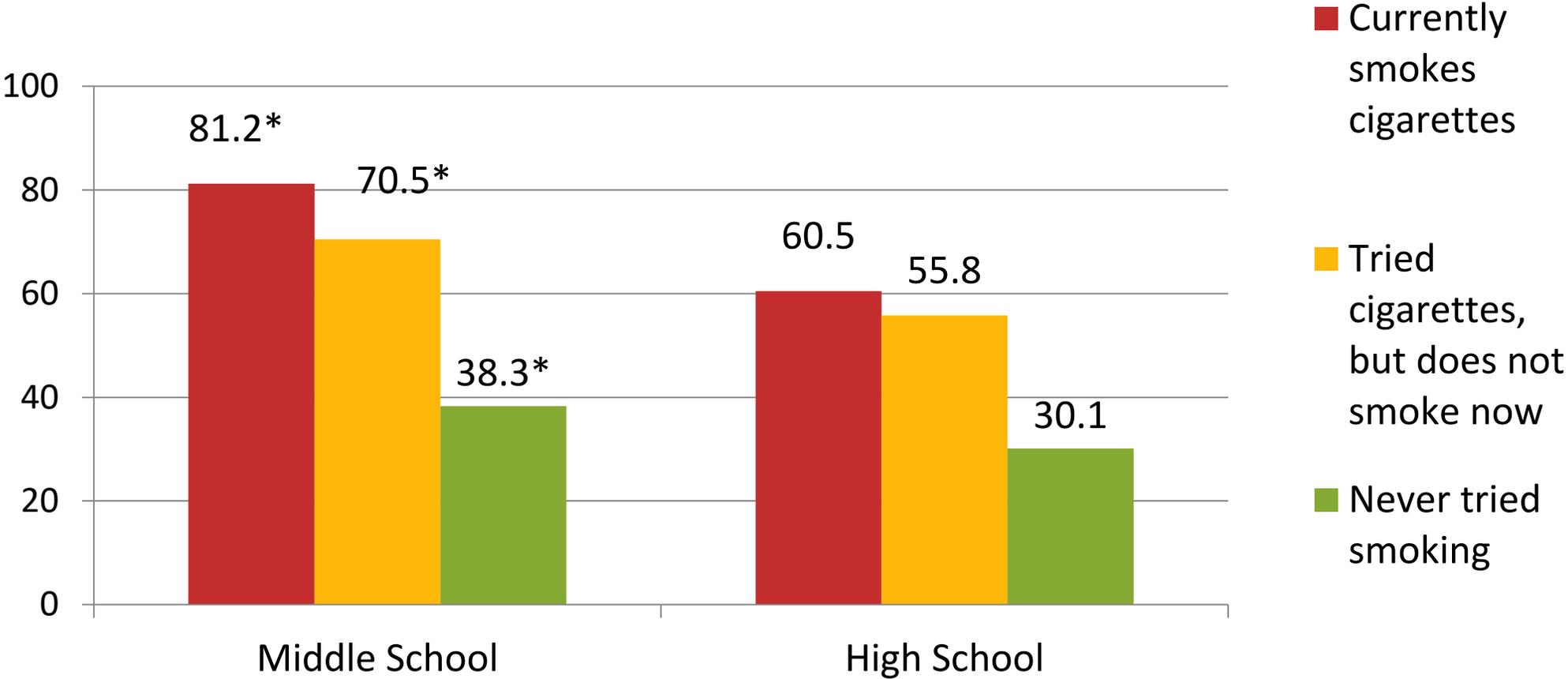


MO Adult Tobacco Use – BRFSS 2018



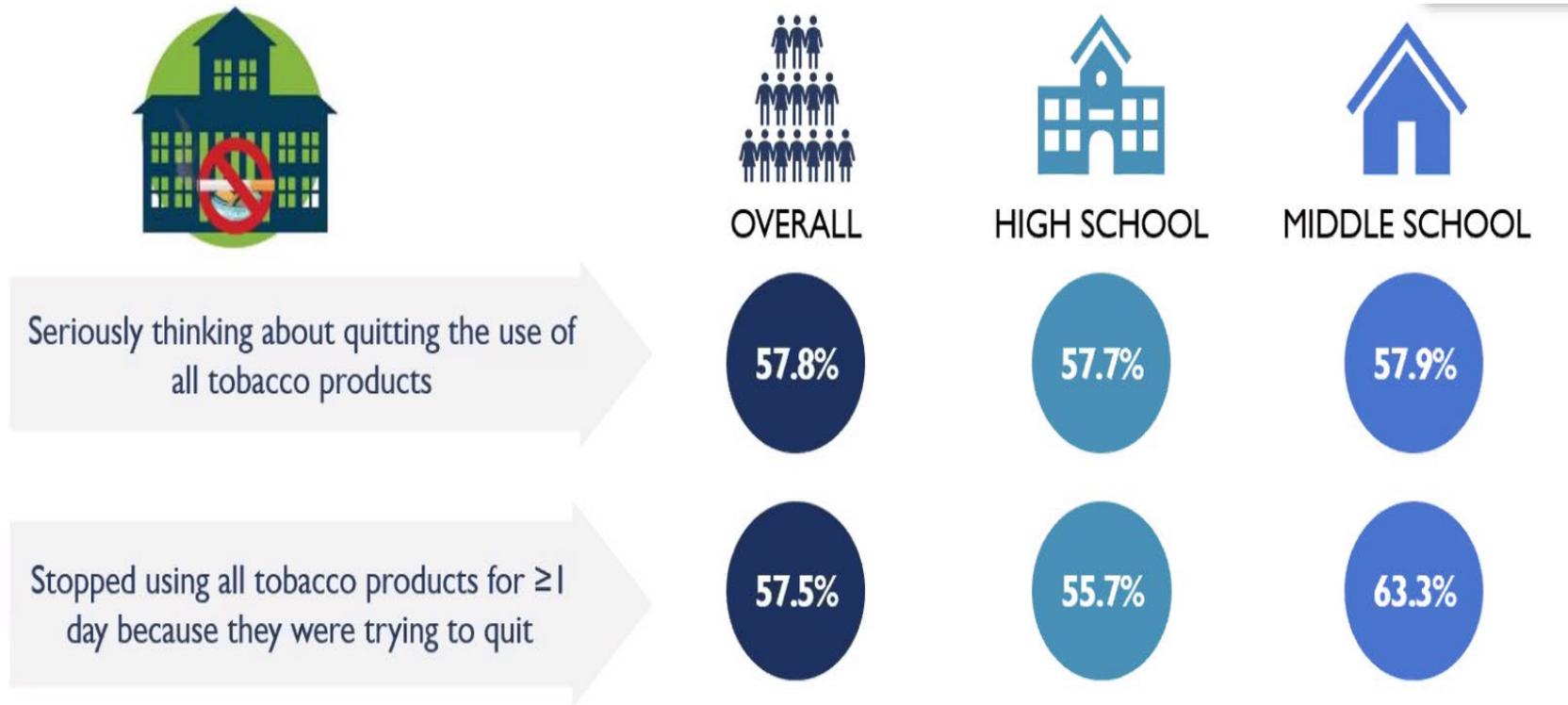
Missouri Youth and Tobacco, 2017

Percentage of students who live with someone that smokes tobacco products, by student smoking status



- Currently smokes cigarettes
- Tried cigarettes, but does not smoke now
- Never tried smoking

Quitting Behaviors Among Youth Who Use Tobacco Use



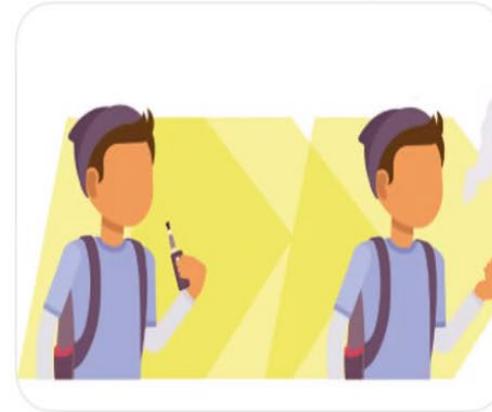
Nicotine Poses Unique Dangers to Young People



Nicotine is a highly addictive drug.



Nicotine can harm the parts of the brain that control attention, learning, mood, and impulse control.

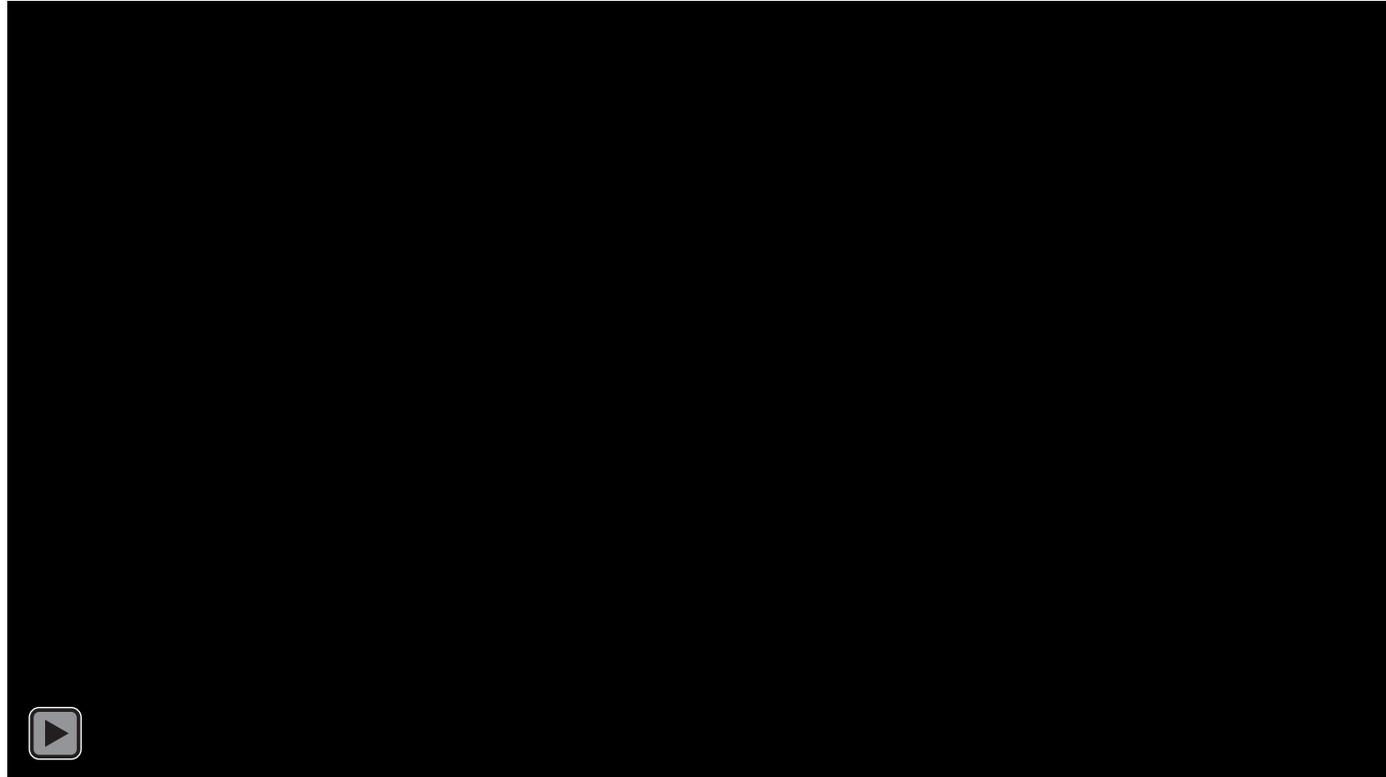


Nicotine can prime the brain for addiction to other drugs.

Signs of Addiction



COVID-19 and Young People



What Can Schools Do?



Proven Booster Interventions



TOBACCO
~~eighteen~~ twenty-one

Restriction on flavors

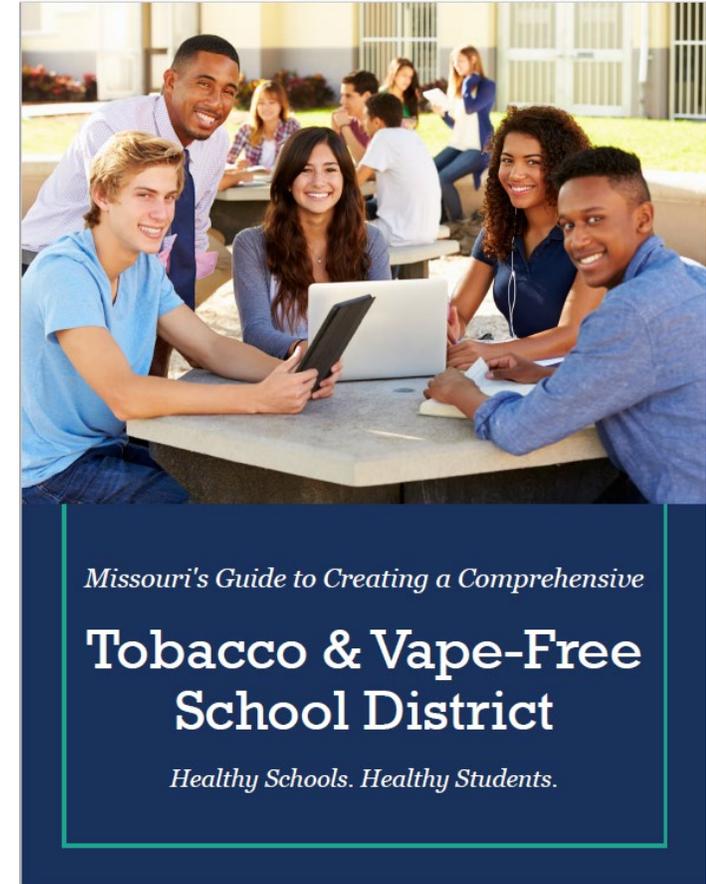


Develop and Implement a Comprehensive Tobacco & Vape-Free School District



Tobacco-Free School Districts

- All products, all times, all places, for everyone
- Enforcement
- Prevention education
- Treatment for staff and students
- Policy management



5 Steps in Adopting a Comprehensive Tobacco and Vape-Free School District Policy

1. Collect data
2. Support
3. Educate
4. Draft new policy
5. Present



Implementing the Policy - Communication



Enforcement

- Consistent
- Clear communication

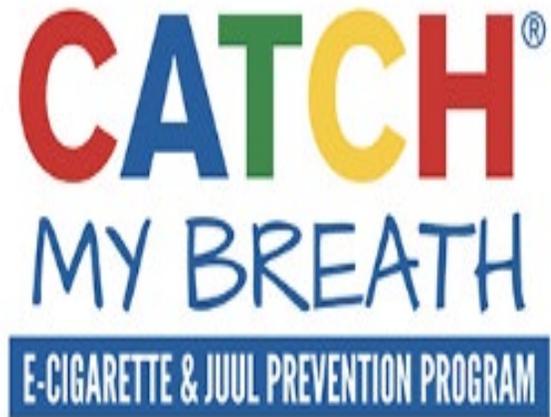


Alternatives to Suspension

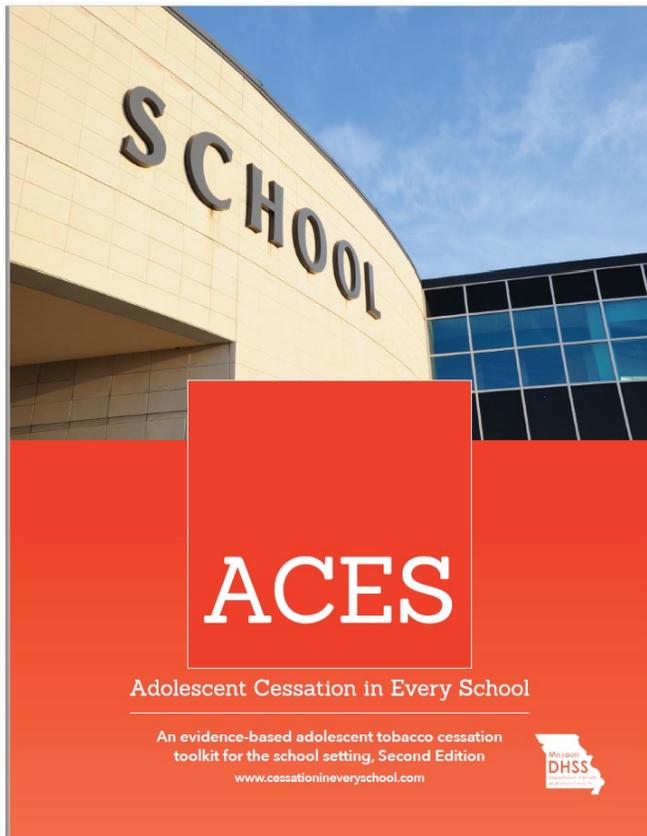
- Learn from their mistakes
- Make healthier decision in the future
- An addiction issue



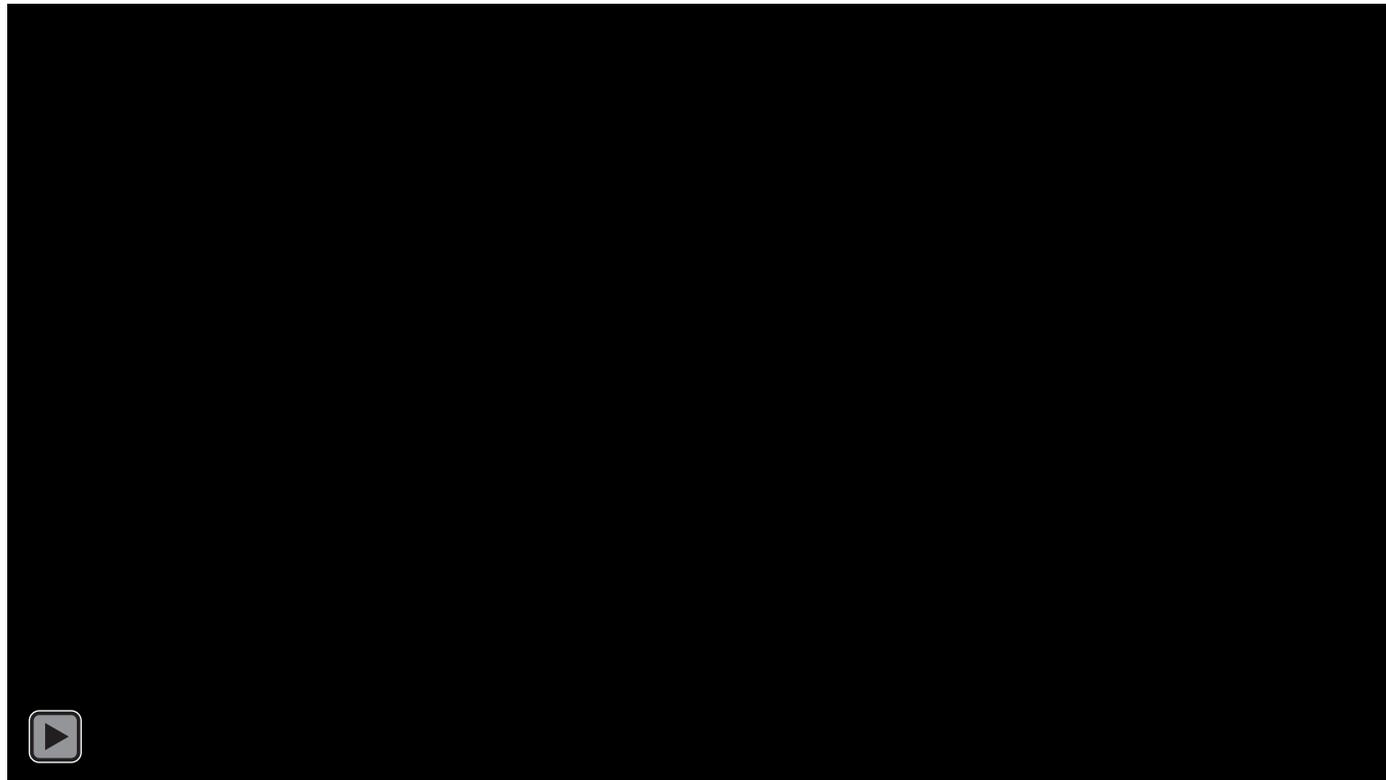
Education



Treatment for Youth and Staff



Youth Addiction



Ongoing Efforts



Mini-Grants

To develop and implement a comprehensive tobacco and vape-free school district policy



Questions?

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