

Let's Talk About School Breakfast

School Breakfast Benefits



Improved Math Scores



Greater Alertness, Concentration,
Comprehension & Memory



Better Attendance

Breakfast By The Numbers

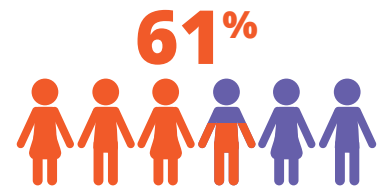


288,288

288,288 Missouri students
start their day with school
breakfast



Missouri ranks 15th in school
breakfast participation among
low-income students



61% of low-income Missouri
students participate in school
breakfast

School Breakfast Basics

The National School Breakfast Program (SBP) is a federal program that provides funding for any public school or nonprofit private school to offer nutritious breakfast to students every morning.

All students can participate in school breakfast. Schools are reimbursed at the following rates:

Breakfast Reimbursement Rates

| | |
|---------------|------------------|
| Free | \$1.79 or \$2.14 |
| Reduced-Price | \$1.49 or \$1.84 |
| Paid | \$0.31 |

Covering the Costs of Breakfast

Traditionally, families complete an application to qualify for free & reduced-price school breakfast and lunch. However, the application process can be difficult for both families and schools, so there are now alternatives:



Community Eligibility Provision (CEP)

CEP schools directly certify students from the state's SNAP and TANF rosters to determine their maximum reimbursement rate.



Provision 2

Schools utilizing Provision 2 collect meal applications, count, and claim meals one out of every four school years. Meals are reimbursed for the following three years based on the data from the "base year."



Nonpricing

No fees are collected from students for school breakfast. Schools still receive federal reimbursements for breakfasts served based on the fee categories (free, reduced-price, paid).

All three of these options allow schools to offer free breakfast to all students!

Breakfast At Its Best

Schools are taking breakfast out of the cafeteria and into the classroom to encourage more students to start their day with good nutrition. Schools can choose from three Breakfast After the Bell models:



Breakfast in the Classroom

Meals are delivered and eaten in the classroom at the start of each school day.

88% of students

will eat breakfast when it's offered in their classroom.



Grab & Go Breakfast

Students can grab their breakfast from carts or kiosks in the hallway and eat them in their classrooms or common areas.

59% of teens

choose to eat breakfast when Grab & Go is offered.



Second Chance Breakfast

Students are offered a 'second chance' to eat breakfast after first period, rather than only early in the morning before the school day begins.

58% of teens

will take advantage of a Second Chance Breakfast model.

Need more information about school breakfast or Breakfast After the Bell grant opportunities?

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